



## MaineHealth Center for Tobacco Independence Clinical Outreach Tobacco Treatment Trainings

All one-hour sessions listed below are provided free of charge through the Maine CDC, DHHS, Partnership for a Tobacco-Free Maine (PTM). They are conducted on-site by the MaineHealth Center for Tobacco Independence (CTI) Tobacco Treatment Educators. Continuing education credits are available for most presentations. For more information or to schedule an on-site session contact Linda Craig at 207-662-7150 or at [craigl1@mainehealth.org](mailto:craigl1@mainehealth.org).

**Foundations in Tobacco Treatment** assist providers and clinicians in their efforts to help their patients/clients quit tobacco use. This training includes the latest information on evidence-based tobacco treatments, strategies to promote system-wide support for tobacco treatment and a review of state tobacco treatment resources. This will include an overview of the Maine Tobacco Helpline and referral process. This presentation is tailored for specialty and behavioral health practices as well.

**Updates on the Maine Tobacco Helpline** is intended to support providers and clinicians in their ongoing efforts to refer and enroll patients/clients into the Helpline program, provide a comprehensive overview of the Helpline services and to assist in integrating Helpline proactive referrals into current systems of care.

**Encouraging Change** is designed to help providers and clinicians with identifying characteristics of "Change" with respect to quitting tobacco, applying evidence-based principles for "Encouraging Change", and learning how to conduct effective conversations for motivating patients/clients to quit tobacco. This session is appropriate for staff in both clinical and behavioral health settings.

**Integrating Tobacco Treatment into Behavioral Health** is the next step after completing the Foundations in Tobacco Treatment (listed above). Participants will be able to identify components of tobacco treatment assessment and planning. As well as, identify special considerations in tobacco treatment and recovery support with this population. The training assists behavioral health clinicians in meeting new contract changes requiring tobacco treatment in DHHS funded behavioral health agencies.