



## **Clinical Outreach Program**

All of the below-listed sessions are provided free of charge through the Maine CDC, DHHS Partnership For A Tobacco-Free Maine (PTM). They are conducted on-site by the MaineHealth Center For Tobacco Independence (CTI). Continuing education credits are available for most presentations. For information or to schedule an onsite session contact Linda Craig at 207-662-7150 or at [craigl1@mainehealth.org](mailto:craigl1@mainehealth.org)

### **Tobacco Treatment and the Behavioral Health Population:**

This one-hour session is designed specifically to assist behavioral health providers and clinicians in their efforts to help their patients/clients quit tobacco use. A Tobacco Treatment Educator will present the latest information on evidence-based tobacco treatments relevant to the behavioral health population, helpful strategies to promote system-wide support for tobacco treatment and a review of state tobacco treatment resources. This will include an overview on the Maine Tobacco HelpLine and specific details on the referral process. CME's and CEU's for 1 contact hour are offered.

### **Integrating Tobacco Treatment into Usual Care:**

This one-hour session has been created in response to the new DHHS contract changes for Behavioral Health Agencies. This training is the next step after completing the Tobacco Treatment and the Behavioral Health Population (listed above). Participants will be able to identify components of tobacco treatment assessment and planning. As well as, identify some key special considerations in tobacco treatment and recovery support with this population. CME's and CEU's for 1 contact hour are offered.

### **Maine Tobacco HelpLine Update Session:**

This one-hour session is intended to support providers and clinicians in their ongoing efforts to help their patients/clients to quit tobacco use, provide a comprehensive overview of the Maine Tobacco HelpLine services and to assist in integrating Maine Tobacco HelpLine referrals into current systems of care. CME's and CEU's for 1 contact hour are offered.

### **Encouraging Change Session:**

This one-hour session is aimed at helping providers and clinicians with identifying characteristics of "Change" with respect to quitting tobacco, applying evidence-based principles for "Encouraging Change", and learning helpful strategies for how to motivate patients/clients to quit tobacco. CME's and CEU's for 1 contact hour are offered.